

## CLAIMS

1. A garment comprising a stretch fabric wherein the garment covers at least a part of the lower body of a wearer, has a crotch part, and is worn by being fitted to the wearer's body, wherein:

the garment in part has a portion with a strong straining force;

the portion with a strong straining force is a strong straining portion (A);

right and left parts of the portion (A) are connected at a position on the back side of the garment corresponding to any region from os sacrum to vertebrae lumbalis of the wearer's body; and

the portion (A) covers a region extending from said position through tops of bulges of the buttocks or vicinities thereof approximately in the direction of muscle fibers of musculus gluteus maximus at right and left to at least the vicinity of trochanter major.

2. The garment according to claim 1, further comprising a strong straining portion (B), wherein:

right and left parts of the portion (B) are connected at a position on the garment corresponding to musculus rectus abdominis in hypogastric region; and

the portion (B) covers a region extending obliquely downward from the position on musculus rectus abdominis in hypogastric region approximately in the direction of muscle fibers of musculus obliquus internus abdominis at right and left to at least the vicinity of trochanter major.

3. The garment according to claim 1 or 2, further comprising a

strong straining portion (C), wherein:

right and left parts of the portion (C) are connected at a position on the garment corresponding to musculus rectus abdominis in hypogastric region; and

5 the portion (C) covers a region extending obliquely upward from the position on musculus rectus abdominis in hypogastric region approximately in the direction of muscle fibers of musculus obliquus externus abdominis at right and left to at least a position exceeding the sides of the wearer to the back side.

10 4. The garment according to claim 1 or 2, further comprising a strong straining portion (D), wherein:

right and left parts of the portion (D) are connected approximately in the vicinity of a position on the garment corresponding to the back center of the waist; and

15 the portion (D) covers a region extending from the vicinity of the position at the back center of the waist through musculus latissimus dorsi and musculus gluteus medius at right and left and a part of musculus obliquus externus abdominis to at least a position exceeding the sides of the  
20 wearer to the front side.

5. The garment according claim 1, further comprising the portion (B) of claim 2 and the portion (C) of claim 3.

25 6. The garment according to claim 1, further comprising the portion (B) of claim 2, the portion (C) of claim 3, and the portion (D) of claim 4.

7. The garment according to claim 1, further comprising a strong straining portion (F) for pressing abdomen and a strong straining portion (B), wherein:

- the portion (F) has a main stretch direction in the longitudinal  
5 direction of the garment;
- the portion (F) covers the center of hypogastric region;
- an end of the portion (B) is connected to each of right and left lower sides of the portion (F); and
- the portion (B) covers a region extending obliquely downward from  
10 the right and left lower sides of the portion (F) approximately in the directions of muscle fibers of musculus obliquus internus abdominis at right and left to at least the vicinity of trochanter major.

8. The garment according to claim 1, further comprising a strong  
15 straining portion (F) for pressing abdomen and a strong straining portion (C), wherein:

- the portion (F) has a main stretch direction in the longitudinal  
direction of the garment;
- the portion (F) covers the center of hypogastric region;
- 20 an end of the portion (C) is connected to each of right and left upper sides of the portion (F); and
- the portion (C) covers a region extending obliquely upward from the right and left upper sides of the portion (F) approximately in the direction of muscle fibers of musculus obliquus externus abdominis at right and left to  
25 at least a position exceeding the sides of the wearer to the back side.

9. The garment according claim 1, further comprising a strong straining portion (F) for pressing abdomen, a strong straining portion (B),

and a strong straining portion (C), wherein:

the portion (F) has a main stretch direction in the longitudinal direction of the garment;

the portion (F) covers the center of hypogastric region;

5 an end of the portion (B) is connected to each of right and left lower sides of the portion (F);

the portion (B) covers a region extending obliquely downward from the right and left lower sides of the portion (F) approximately in the direction of muscle fibers of musculus obliquus internus abdominis at right and left to at least the vicinity of trochanter major;

an end of the portion (C) is connected to each of right and left upper sides of the portion (F); and

the portion (C) covers a region extending obliquely upward from the right and left upper sides of the portion (F) approximately in the direction of muscle fibers of musculus obliquus externus abdominis at right and left to at least a position exceeding the sides of the wearer to the back side.

10. The garment according to claim 1 or 2, wherein:

20 the portion indicated by the portion (A) is a strong straining portion (A2); and

the portion (A2) further covers a region extending from the vicinity of trochanter major toward regio femoralis anterior medialis through at least a part of any at least one musculus quadriceps femoris selected from musculus sartorius, musculus rectus femoris and musculus vastus medialis.

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11. The garment according to claim 1 or 2, wherein:

the portion indicated by the portion (A) is a strong straining portion (A3); and

the portion (A3) further covers a region extending from the vicinity of trochanter major through the vicinity of tractus iliotibialis and/or musculus vastus lateralis in regio femoralis to a position a little higher than patella.

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12. The garment according to claim 1 or 2, wherein:

the portion indicated by the portion (A) is a strong straining portion (A4); and

the portion (A4) further covers a region extending from the vicinity of trochanter major through the vicinity of tractus iliotibialis and/or musculus vastus lateralis to patella, and further from patella through the vicinity of musculus gastrocnemius and/or musculus soleus in the regio cruris lateralis to the vicinity of an upper part of malleolus lateralis so as to support musculus gastrocnemius and musculus soleus.

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13. The garment according to claim 2, wherein:

the portion indicated by the portion (B) is a strong straining portion (B2); and

the portion (B2) further covers a region extending from the vicinity of trochanter major through a lower part of the bulges of the buttocks.

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14. The garment according to claim 2, wherein:

the portion indicated by the portion (B) is a strong straining portion (B3); and

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the portion (B3) further covers a region extending from the vicinity of trochanter major through at least a part of hamstrings in regio femoralis posterior.

15. The garment according to claim 1 or 2, further comprising a strong straining portion (C-D) in which the portion (C) of claim 3 and the portion (D) of claim 4 are united and continuous.

5 16. The garment according claim 12, further comprising a strong straining portion (E), wherein

the portion (E) covers a region extending from an upper part of regio femoralis medialis through musculus vastus medialis to patella so as to support musculus vastus medialis, and further from patella through the  
10 vicinity of musculus gastrocnemius and/or musculus soleus in regio cruris medialis to the vicinity of an upper part of malleolus medialis so as to support musculus gastrocnemius and musculus soleus.

17. The garment according to claim 1 or 2, wherein a strong  
15 straining portion is formed by laminating a cloth on the front side or back side of a main body fabric of the garment.

18. The garment according to claim 1 or 2, wherein a strong  
straining portion is formed by changing a stitch for knitting a main body  
20 fabric of the garment to form a weak straining portion and a strong straining portion in patterns.

19. The garment according to claim 1 or 2, wherein a strong  
straining portion is formed by laminating a film of a synthetic resin or  
25 rubber having elasticity on a predetermined part of a main body fabric of the garment or by impregnating or coating a predetermined part of a main body fabric of the garment with a solution or emulsion of a synthetic resin or rubber having elasticity followed by drying.

20. The garment according to claim 1 or 2, wherein a strong straining portion has a straining force of 150 to 400 gf.

5        21. The garment according to any one claims 1 to 2, wherein the stretch fabric is a knitted fabric selected from a two-way stretch tricot and a stretch raschel.

10        22. The garment according to claim 1 or 2, wherein:  
the garment comprises a stretch fabric,  
the garment covers at least a part of the lower body of a wearer, has a crotch part, and is worn by being fitted to the wearer's body, and  
the garment is selected from a girdle, spats, sports tights, bodysuit, leotard and swimsuit.

15        23. The garment according to claim 1 or 2, wherein:  
the garment comprises a stretch fabric,  
the garment covers at least a part of the lower body of a wearer, has a crotch part, and is worn by being fitted to the wearer's body, and  
20        the garment has a leg part cylindrically covering regio femoralis of the wearer's body to at least a position lower than the crotch part.

24. The garment according to claim 1 or 2, wherein:  
the garment comprises a stretch fabric,  
25        the garment covers at least a part of the lower body of a wearer, has a crotch part, and is worn by being fitted to the wearer's body,  
the position of a lower end of the garment is approximately the same as or higher than the position of the crotch part; and

the garment does not have a leg part cylindrically covering regio  
femoralis to at least a position lower than the crotch part.

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